



Benefiting



PENCIL

PURITY DAIRY PRESENTS THE MOOSIC CITY DAIRY PURE DASH

REGIONS Smitty 15K LEE COMPANY Glenn Wunder Mighty Mile

April 15, 2017 • Metro Center • Nashville, Tennessee

Glenn Wunder Mighty Mile begins at 7 a.m.

Purity 5K begins at 7:30 a.m. • Purity 10K & Smitty 15K begins at 8 a.m.

Registration Fees

- 5K Run/Walk (Limited to 1600 Entrants)*
– Pre-Race: \$35 / Day of Race: \$40
- 5K Run/Walk Family/Team – (Up to 3)
– Pre-Race: \$90 plus \$30 for additional family/team members
– Day of Race: \$105 plus \$35 for additional family/team members
- 10K Run (Limited to 750 Entrants)*
– Pre-Race: \$40 / Day of Race: \$45
- Regions Smitty 15K (Limited to 900 Entrants)*
– Pre-Race: \$45 / Day of Race: \$50
- Lee Company Wunder Mighty Mile Run/Walk
– \$20, \$60 for family of 4

Registration

- ★ Register online:
 - www.puritydairypuredash.com
 - www.active.com
- ★ Mail this registration with payment to:
Purity's Moosic City Dairy Pure Dash, P.O. Box 100047, Nashville, Tennessee 37224
- ★ Early registration & pre-registered pickup:
Friday, April 14, 11 a.m. – 6 p.m.
Purity Dairies Training Center 534 Expressway Park Drive (Follow signs from Murfreesboro Road)



CORPORATE CHALLENGE (1mi, 5 & 15K)

- For team registration contact:
Cathy Wind, 615-734-6522
cmwind@ftb.com
- For Corporate Challenge info:
www.nashvillesports.com/ccrs

Awards

- **GRAND PRIZE:** Overall male and female winner will receive a 1-year supply of Purity Ice Cream.
- **AWARDS** will be given in the 5K, 10K & 15K to the top 3 finishers in the Overall, Masters, and Grand Masters categories and the top 3 finishers in 5-year age categories: 9 & under, to 80+ and Wheelchair.
- **GLENN WUNDER MIGHTY MILE AWARDS** will be given to the top 3 Race finishers, both male and female, 14 and under in the Overall.

Perks & Swag

- **Commemorative Medal** will be given for all Glenn Wunder Mighty Mile/5K/10K/15K Race finishers.
- **Long Sleeve Tech Shirt** with all pre-registrations.
- **Free Post Race Refreshments**, including Purity ice cream, milk & beverages; pasta and fruit.

Important Information

- * We have instituted a registration limit on each race to ensure enough shirts for all pre-registered entrants.
- All courses are fast, flat and certified. Races are timed using the ChampionChip® System
- 10K is a Nashville Strider Grand Prix Event
- ♿ For ADA accommodations, call 615-851-2630
- Use of headphones/MP3 players is discouraged
- Strollers are welcome, and should line up in the rear at the starting point. **NO PETS ALLOWED.**
- 5K & 10K courses are open for 1½ hours. 15K course is open for 2½ hours.
- Event will be held rain or shine.
- No refunds or transfer of race registrations.
- Questions? Call Smitty @ 615-851-2630

Directions

- Take I-65, exit 85 to Rosa L. Parks Boulevard. Follow the signs to the Metro Center.

2017 MOOSIC CITY DAIRY PURE DASH REGISTRATION FORM

First Name										Last Name										\$ _____ . _____ I would like to make a donation to PENCIL			
Age										D.O.B.		Month		Day		Year		Gender: M or F				Shirt Size: S M L XL XXL	
5K Run/Walk		5K Run/Walk Family/Team			10K Run		Smitty 15K Run			Wunder Mighty Mile		Wunder Mighty Mile Family of 4			Wheelchair Division		CCRS Team Name						
Mailing Address																							
City												State				Zip Code							
Area Code			Telephone Number						E-mail Address														

Signature: (Parent or Guardian if Minor)

Date:

Waiver: I know that running is a potentially hazardous activity. I should not enter and run the race unless I am medically able and properly trained. I agree to abide by any decisions of a race official relative to my ability to safely conclude the run. I assume all risk associated with running including, but not limited to, falls, contact with other participants, the effects of the road and traffic on the course, all such risks being known and appreciated by me. Having read this waiver and knowing these facts, I, for myself and anyone entitled to act on my behalf, waive and release the Purity Dairy Pure 5K Run, 10K Run, The Smitty 15K Run, The Glenn Wunder Mighty Mile, etc. The Metropolitan Government of Nashville and Davidson County and its employees, all sponsors, their directors, officers, employees, agents, representatives and successors from all claims or liabilities of any kind or nature whatsoever arising out of my voluntary participation in this race even though that liability may arise out of negligence or carelessness on the part iver. I further agree to abide by the laws of the State of Tennessee regarding consumption of alcoholic beverages before, during and after the Event, and by not doing so, waive any and all rights that I and my guests may have with regard to this Event.